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# Hepatoprotection by the farnesoid X receptor agonist GW4064 in rat models of intra- and extrahepatic cholestasis

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Farnesoid X receptor (FXR) is a bile acid-activated transcription factor that is a member of the nuclear hormone receptor superfamily. *Fxr*-null mice exhibit a phenotype similar to Byler disease, an inherited cholestatic liver disorder. In the liver, activation of FXR induces transcription of transporter genes involved in promoting bile acid clearance and represses genes involved in bile acid biosynthesis. We investigated whether the synthetic FXR agonist GW4064 could protect against cholestatic liver damage in rat models of extrahepatic and intrahepatic cholestasis. In the bile duct-ligation and  $\alpha$ -naphthylisothiocyanate models of cholestasis, GW4064 treatment resulted in significant reductions in serum alanine aminotransferase, aspartate aminotransferase, and lactate dehydrogenase, as well as other markers of liver damage. Rats that received GW4064 treatment also had decreased incidence and extent of necrosis, decreased inflammatory cell infiltration, and decreased bile duct proliferation. Analysis of gene expression in livers from GW4064-treated cholestatic rats revealed decreased expression of bile acid biosynthetic genes and increased expression of genes involved in bile acid transport, including the phospholipid flippase *MDR2*. The hepatoprotection seen in these animal models by the synthetic FXR agonist suggests FXR agonists may be useful in the treatment of cholestatic liver disease.

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**Conflict of interest:** Yaping Liu, Jane Binz, Mary Jo Numerick, Steve Dennis, Guizhen Luo, Bhasha Desai, Kathleen I. MacKenzie, Steven A. Kliewer, Bryan Goodwin, and Stacey A. Jones are employees of GlaxoSmithKline.

**Nonstandard abbreviations used:** primary biliary cirrhosis (PBC); progressive familial intrahepatic cholestasis type I (PFIC1); 2,2,4,4-d<sub>4</sub>-cholic acid (D<sub>4</sub>-cholic acid); bile salt export pump (BSEP); ursodeoxycholic acid (UDCA); farnesoid X receptor (FXR); multidrug resistance-related protein 2 (MRP2); sterol 12 $\alpha$ -hydroxylase (CYP8B1); cholesterol 7 $\alpha$ -hydroxylase (CYP7A1); taurine-conjugated UDCA (TUDCA); alanine aminotransferase (ALT); aspartate aminotransferase (AST); lactate dehydrogenase (LDH); alkaline phosphatase (ALP);  $\alpha$ -naphthylisothiocyanate (ANIT); bile duct-ligated (BDL); reverse transcription quantitative PCR (RTQ-PCR); atmospheric pressure ionization-liquid chromatography mass spectrometry (API-LCMS); chenodeoxycholic acid (CDCA); lithocholic acid (LCA); organic anion transporting polypeptide-1 (OATP1); TNF-related apoptosis-inducing ligand receptor 2/death receptor 5 (TRAILR2/DR5 or DR5); sodium taurocholate cotransporting polypeptide (NTCP); ATP-binding cassette (ABC); 6-ethyl-chenodeoxycholic acid (6EtCDCA).

## Introduction

The enterohepatic circulation of bile acids enables the absorption of fats and fat-soluble vitamins from the intestine and allows the elimination of cholesterol, toxins, and metabolic by-products such as bilirubin from the liver. Cholestasis, an impairment or cessation in the flow of bile, causes hepatotoxicity due to the buildup of bile acids and other toxins in the liver. Cholestasis is a component of many liver diseases, including cholelithiasis, cholestasis of pregnancy, primary biliary cirrhosis (PBC), and primary sclerosing cholangitis. The etiology of cholestasis is varied, and multiple heritable forms have been identified. Progressive familial intrahepatic cholestasis type I (PFIC1), or Byler disease, is seen in individuals with a mutation in *FIC1*, a gene encoding a putative aminophospholipid transferase (1). As yet, it is unclear how this genetic mutation causes cholestasis. PFIC2 arises from mutations in the *BSEP* (*ABCB11*), which encodes the canalicular bile salt export pump (2). To date, more than ten different mutations in this gene have been mapped that give rise to cholestasis. PFIC3 is seen in individuals with a mutation in *MDR3* (*ABCB4*), which encodes a canalicular phospholipid flippase that transports phospholipid into bile (3, 4). The fact that mutations in these genes give rise to severe cholestatic liver disease reveals their importance in maintaining bile

flow and healthy liver function. Currently, ursodeoxycholic acid (UDCA) is the only U.S. Food and Drug Administration–approved treatment for PBC. It is increasingly being used to treat all cholestatic conditions because it improves serum liver chemistries (5). UDCA is a polar bile acid that may act by decreasing the hydrophobicity and toxicity of the bile (5). Unfortunately, multiple clinical trials have not demonstrated an increased survival time in patients treated with UDCA (5, 6).

The farnesoid X receptor (FXR; NR1H4) is a member of the nuclear receptor superfamily of ligand-activated transcription factors. FXR is located in the liver, kidney, adrenal glands, and intestine (7). FXR has also been called the bile acid receptor following the discovery that physiological concentrations of bile acids bind and activate FXR (8–10). Activation of FXR induces expression of the canalicular bile transporters BSEP (ABCB11) and multidrug resistance–related protein 2 (MRP2; ABCC2, cMOAT), and represses key genes involved in bile acid biosynthesis, namely sterol 12 $\alpha$ -hydroxylase (CYP8B1) and cholesterol 7 $\alpha$ -hydroxylase (CYP7A1) (11–16). *Fxr*-null mice exhibit a phenotype similar to Byler disease with high serum bile acid levels and decreased fecal excretion of bile acids (17–20).

Here we describe the hepatoprotective effects of the potent, selective FXR agonist, GW4064 (21), in rat models of both intrahepatic and extrahepatic cholestasis. Taurine-conjugated UDCA (TUDCA), which does not activate FXR (8–10), was used as the clinical comparator in these studies. Furthermore, we identify an additional canalicular transport gene that is regulated by FXR. *MDR2/3* (ABCB4), the gene encoding the canalicular phospholipid flippase, is induced in both human hepatocytes (*MDR3*) and in rodent (*MDR2*) liver following treatment with GW4064.

## Methods

**Materials.** Reagents for measuring serum alanine aminotransferase (ALT), aspartate aminotransferase (AST), lactate dehydrogenase (LDH), alkaline phosphatase (ALP), and total bilirubin were obtained from Instrumentation Laboratory (Lexington, Massachusetts, USA). The bile acid kits, TUDCA,  $\alpha$ -naphthylisothiocyanate (ANIT), dexamethasone, olive oil, and corn oil were from Sigma-Aldrich (St. Louis, Missouri, USA). TaqMan primers and probes were from BioSource International (Camarillo, California, USA). The *in situ* Apoptosis Detection kit was from Intergen Co. (Norcross, Georgia, USA). Cholic-2,2,4,4-d<sub>4</sub> acid was from CDN Isotopes Inc. (Pointe-Claire, Quebec, Canada). Primary cultures of human hepatocytes were obtained from Steve Strom (University of Pittsburgh, Pittsburgh, Pennsylvania, USA) or BioWhittaker Inc. (Walkersville, Maryland, USA). TRIzol, Williams' E medium, penicillin G, streptomycin, dexamethasone, and insulin-transferrin-selenium-G supplement were from Invitrogen Corp. (Carlsbad, California, USA).

**Animals.** Adult male CRL:CD(SD)IGS rats weighing 300–350 g, purchased from Charles River Laboratories (Wilmington, Massachusetts, USA), were housed in the

Association for Assessment and Accreditation of Laboratory Animal Care–accredited GlaxoSmithKline, Research Triangle Park, facility. Rats were housed three per cage under a 12-hour light/12-hour dark cycle at 72  $\pm$  2 °F, 50% humidity, and allowed free access to food and water. Experimental protocols were approved by the GlaxoSmithKline Institutional Animal Care and Use Committee.

**Bile duct ligation model of cholestasis.** Under isoflurane anesthesia and sterile surgical conditions, the common bile duct was ligated in three locations and transected between the two distal ligatures. Sham controls underwent laparotomy, without ligation of the bile duct. The rats received a single analgesic dose of oxymorphone following surgery. Twenty-four hours after laparotomy, groups of rats ( $n = 6$ ) received intraperitoneal injections once daily for 4 days. Bile duct–ligated (BDL) rats were treated with 5 ml/kg corn oil as vehicle, 30 mg/kg GW4064 in corn oil, or 15 mg/kg TUDCA in corn oil. Sham-operated animals received 5 ml/kg corn oil vehicle. Four hours after the final dose, serum and livers were collected for analysis.

**ANIT-induced cholestasis.** Once daily for 4 days, rats ( $n = 6–8$ ) received intraperitoneal injections of vehicle, GW4064, or TUDCA, as described above. On day 2 of treatment, 4 hours after the intraperitoneal injection, the vehicle-, GW4064-, and TUDCA-treated groups received a single, orally administered, 50 mg/kg dose of ANIT in olive oil. A second set of vehicle-treated rats was given an oral dose of olive oil (5 ml/kg) in place of ANIT to serve as the normal control. Serum and liver samples were collected as outlined above, 4 hours after the final dose.

**Serum biochemistry analysis.** Serum ALT, AST, LDH, ALP, total bilirubin, and bile acids were measured using the Instrumentation Laboratory ILab600 clinical chemistry analyzer according to the manufacturer's directions.

**Histopathology.** Liver samples from each rat were fixed in 10% buffered formalin and processed by standard histological techniques. Slides were stained with H&E using standard protocols and examined by light microscopy for necrosis and other structural changes. Bile duct proliferation was assessed by quantitation of the area occupied by cholangiocytes in 40–50 randomly selected fields under  $\times 400$  magnification, aided by a grid of 100 squares. Quantitation of mitotic nuclei was accomplished by dividing the number of mitotic cells by the total number of hepatocytes.

**Reverse transcription quantitative PCR.** Total RNA was extracted from rat tissues or human hepatocytes using TRIzol reagent (Invitrogen Corp.) according to the manufacturer's directions. The RNA was treated with DNase I (Ambion Inc., Austin, Texas, USA) at 37 °C for 30 minutes, followed by inactivation at 75 °C for 5 minutes. RNA was then quantitated using the RiboGreen RNA quantitation kit (Molecular Probes Inc., Eugene, Oregon, USA). RNA expression was measured by reverse transcription quantitative PCR (RTQ-PCR) using an ABI Prism 7700 or 7900 Sequence Detection System (PE Applied Biosystems, Foster City, California, USA), as described previously (22). Sequences of the gene-specific primers and probes used for RTQ-PCR are listed in Table 1.

**Table 1**  
Primer-probe sets and gene abbreviations

| Gene              | UniGene   | GenBank   | Forward primer              | Reverse primer            | Probe                           |
|-------------------|-----------|-----------|-----------------------------|---------------------------|---------------------------------|
| SHP (rat)         | NR0B1     | NM_057133 | TGGTACCCAGCTAGCCAAAGG       | TGTTCTTTGAGGGTGGAAAGCC    | CCCTGGCCCGAATCCTCTCTC           |
| CYP7A1 (rat)      | CYP7A1    | NM_012942 | TGGATCAAGTGAACCTGAATGAC     | GCACCTGGAAGCCTCAGAGC      | TGCCGGTACTAGACAGCATCATCAAGGA    |
| CYP8B1 (rat)      | CYP8B1    | NM_031241 | CCAGATGCTGCACGTAGCC         | GCATGGCCGGTTGAG           | TCCTCCAAAGCCTTGTCCCATCAGATG     |
| NTCP (rat)        | SLC10A1   | NM_017047 | CATCATCCTGGTGAATGTTGCT      | TGAGCCTTGATCTTGTGAATTC    | CTTATCATGCTCTCACTGGGCTGACCC     |
| BSEP (rat)        | ABCB11    | NM_031760 | GCAAAATCCGCTGCCTATAGA       | CCCTGAAAACGTGGCTGAA       | CCCAGACCTTCGTAGGCTTAAAGTAACTCCA |
| MDR2 (rat)        | ABCB4     | NM_012690 | TCCGAGCTCAACTTGGCATT        | GAGACACGACAGGCTGTTGT      | ATCGCAAGAACAATCGCTACGGGA        |
| MRP2 (rat)        | ABCC2     | NM_012833 | CCAGTGCAAGTGCATCAC          | ATCTTCCCGTTGTAGGACCAT     | TCACAGGCTGCACACCATCATGGAC       |
| MRP3 (rat)        | ABCC3     | NM_080581 | TCCCACCTTCGGAGACAGTAAC      | CTTAGCATCACTGAGGACCTTGAA  | CAGTGTCAATCGGGCTACGGCC          |
| OATP1 (rat)       | SLC21A1   | NM_017111 | CTAGCATTTCCTATCGGTGT        | ACTCCCTTTAAGAGGTGGTTAATCC | ATGTTGACCTGTGACAAATGACGA        |
| MDR3 (human)      | ABCB4     | NM_018850 | AGTACTGGTGCACTTCTACAAGACTTG | TTAAAGCCAACTGTTTCTCTGT    | CACAGATGCTGCCCAAGTCCAAGGA       |
| BSEP (human)      | ABCB11    | NM_003742 | CCAGGATAGTTAAGGGCTTCCA      | GGTTCTGCACCCAGGTAAGAA     | CCGGCAACGCTCCAAGTCTCAGC         |
| SHP (human)       | NR0B1     | NM_021969 | GCTATGTGCACCTCATCGCA        | GAGGAAGGCCACTGCTTTGG      | AACATCCAAGGCCCTCCGGCA           |
| Fas (rat)         | TNFRSF6   | AW141748  | ATGCTTCTCTGTGACCACTGTTA     | GTGCAAGGCTCAAGGATGCT      | CACCTGCACCTCGTGGACTTG           |
| TRAILR2/DR5 (rat) | TNFRSF10B | XM_224324 | ATCTTCGAGCGCTGTTCCA         | ACCCATATGCCCGCATGAGA      | CGAAGTGCCTTTAACTCCTGGGACC       |
| TGFβ1 (rat)       | TGFB1     | NM_021578 | GCTGCTGACCCCACTGAT          | GCCACTGCCCGGACAATC        | CGCTGAGTGGCTGTCITTTTGAAGCT      |

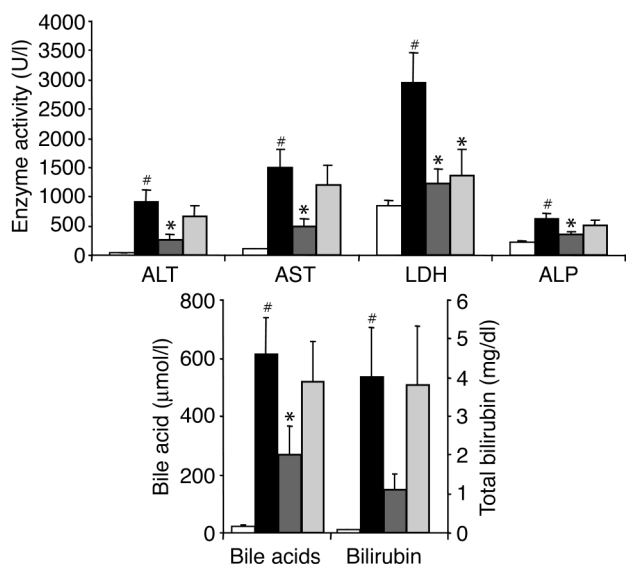
*Analysis of liver bile acid concentration.* Bile acid concentrations were determined by atmospheric pressure ionization-liquid chromatography mass spectrometry (API-LCMS). Briefly, 1-ml aliquots of liver samples homogenized in methanol (0.5 g/ml) were spiked with 50 µl of 20 µg/ml of 2,2,4,4-d<sub>4</sub>-cholic acid (D<sub>4</sub>-cholic acid) in methanol. Samples were sonicated, centrifuged (3,000 g for 10 minutes), and filtered through a 0.45-µm filter unit before injection onto the analytical column of an API-LCMS instrument (Hewlett Packard Series 1100 Liquid Chromatograph Mass Selective Detector; Hewlett-Packard, Palo Alto, California, USA). Bile acids and D<sub>4</sub>-cholic acid were detected as molecular ions ([M-H]<sup>-</sup>) in the negative-selected ion-monitoring mode of the instrumentation. Bile acid concentrations in the study samples were calculated by comparison with standard solutions of bile acids containing D<sub>4</sub>-cholic acid as the internal standard.

*Primary culture of human hepatocytes.* Primary human hepatocytes were cultured on Matrigel-coated six-well plates at a density of 1.5 × 10<sup>6</sup> cells per well. The culture media consisted of serum-free Williams' E medium supplemented with 100 nM dexamethasone, 100 U/ml penicillin G, 100 µg/ml streptomycin, and ITS-G. Forty-eight hours after isolation, cells were treated for 12 or 48 hours with GW4064 or chenodeoxycholic acid (CDCA), which was added to the culture medium as 1,000× stock solutions in DMSO. Control cultures received vehicle (0.1% DMSO) alone. Total RNA was isolated using TRIzol reagent according to the manufacturer's instructions. Differentially regulated genes were identified using CuraGen Corp. GeneCalling Technology and RTQ-PCR as described above. Sequences of the primers and probes used for RTQ-PCR are listed in Table 1.

*Statistical analysis.* All data were analyzed by one-way ANOVA followed by Duncan's multiple range test. The 0.05 level of probability was used as the criteria of significance.

## Results

*FXR activation is hepatoprotective in intrahepatic cholestasis.* FXR-null mice exhibit a phenotype similar to Byler disease, and, moreover, FXR regulates expression of genes involved in bile acid biosynthesis and transport. Therefore, we examined whether the synthetic FXR agonist GW4064 might protect against hepatotoxicity in rodent models of cholestasis. We first tested GW4064 in rats treated with ANIT, which damages biliary epithelial cells and induces intrahepatic cholestasis (23–25). Adult male rats were treated for 4 days with vehicle alone (corn oil), GW4064, or TUDCA. On the second day of treatment the animals received a single dose of ANIT to induce cholestasis. One group of rats received vehicle for 4 days as well as vehicle in place of ANIT to establish baseline values. Serum was collected on day 4 for analysis of clinical chemistry parameters indicative of liver damage. As expected, serum activities of ALT, AST, LDH, and ALP were all significantly increased by ANIT (Figure 1). Serum bilirubin levels were elevated nearly 50-fold following ANIT treatment, and bile acids were increased 25-fold.



These data demonstrate that ANIT exposure induced profound cholestasis and hepatocellular damage in the rats and are in line with earlier publications (26, 27).

GW4064 treatment resulted in substantial, statistically significant reductions in serum activities of ALT, AST, LDH, and ALP in the ANIT-treated rats (Figure 1). Serum bile acid levels were also significantly reduced by GW4064 treatment. Bilirubin levels were decreased in the GW4064-treated rats, but statistical significance was not achieved. This striking profile demonstrates that GW4064 affords marked hepatoprotection in this established model of intrahepatic cholestasis. Notably, GW4064 was much more effective in decreasing these markers of liver damage than TUDCA, which reduced only LDH levels.

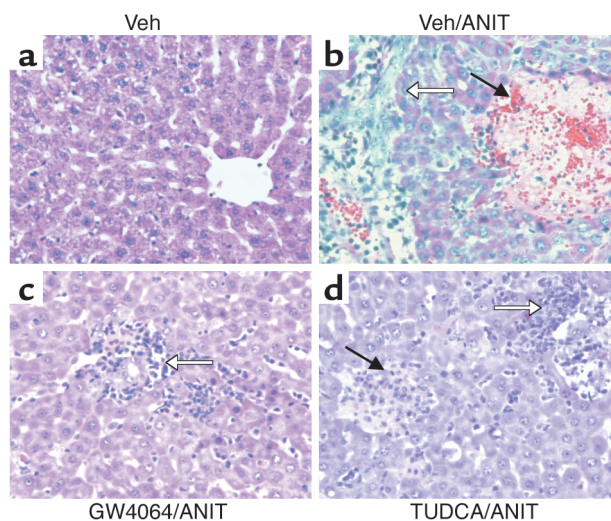
The livers of ANIT-treated rats were examined histologically. Liver sections from vehicle-treated rats showed normal histology (Figure 2a), whereas rats that received ANIT with vehicle showed large areas of hepatic parenchymal necrosis with inflammatory cell infiltration (Figure 2b). GW4064 treatment provided remarkable protection against ANIT-induced cellular damage (Figure 2c). Livers from the GW4064/ANIT-treated rats contained few discernable necrotic foci, and those that were present were substantially smaller than those in the vehicle/ANIT-treated rats. Inflammatory cell infiltration was also less severe in the GW4064/ANIT-treated rats. Consistent with the results of the serum analysis, TUDCA afforded less hepatoprotection than GW4064 (Figure 2d). Small areas of necrosis were seen throughout the sections from the TUDCA-treated animals, and inflammatory cell infiltration was pronounced. Thus, GW4064 is more efficacious than TUDCA at protecting the liver in a standard model of intrahepatic cholestasis.

To further understand the molecular basis for the hepatoprotective effects of GW4064 in this model, we examined the expression of key genes involved in bile acid biosynthesis and transport in the livers of these rats. Gene expression was measured by RTQ-PCR. We first exam-

**Figure 1**

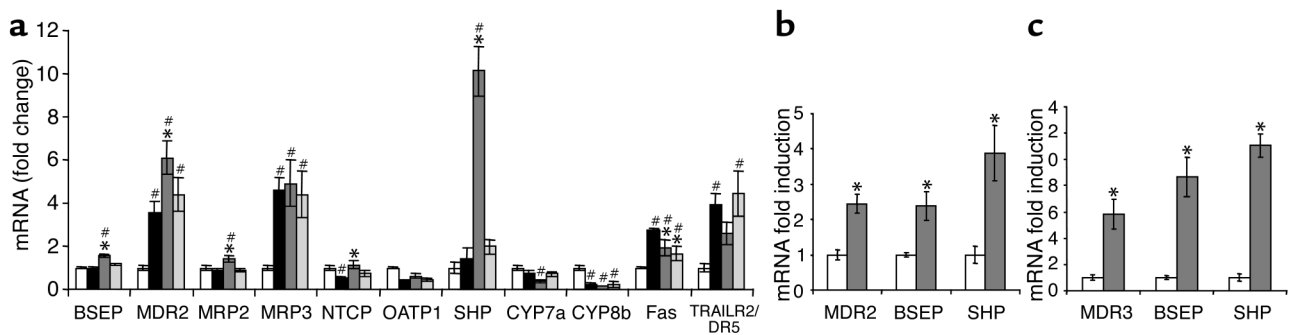
Protection against ANIT-induced hepatotoxicity by GW4064. Rats ( $n = 6-8$ ) were treated once daily with vehicle, GW4064, or TUDCA. On the second treatment day the rats received a single dose of ANIT or vehicle. Serum chemistries were measured 4 hours after the final dose. Values are presented as average  $\pm$  SEM. White bars, vehicle/vehicle; black bars, vehicle/ANIT; dark gray bars, GW4064/ANIT; light gray bars, TUDCA/ANIT. Statistically significant differences between the vehicle/vehicle and vehicle/ANIT groups are indicated ( $\#P < 0.05$ ). Statistically significant differences between the vehicle/ANIT group and either the GW4064/ANIT or the TUDCA/ANIT groups are also indicated ( $*P < 0.05$ ).

ined expression of the canalicular transporters *BSEP* and *MDR2*, which have been implicated in the pathogenesis of cholestasis. In agreement with a previous study (28), *BSEP* levels were unchanged by ANIT treatment but were significantly induced by GW4064 (Figure 3a). ANIT treatment increased *MDR2* expression approximately four-fold, which also agrees with a previous study (29). Interestingly, GW4064 treatment further increased the expression of *MDR2* above that seen with ANIT treatment (Figure 3a). In normal rats, 4-day GW4064 treatment resulted in increased expression of *MDR2* (Figure 3b). In addition, CuraGen GeneCalling analysis and RTQ-PCR show marked induction of *MDR3*, the human homologue of the rat *MDR2*, by GW4064 and CDCA



**Figure 2**

Protection against ANIT-induced necrosis by GW4064. Rats ( $n = 6-8$ ) were treated once daily with vehicle (Veh), GW4064, or TUDCA. On the second treatment day the rats received a single dose of ANIT or vehicle. Livers were taken for histological analysis 4 hours after the final dose. The panels show representative H&E-stained liver sections from each treatment group at  $\times 400$  magnification. (a) Vehicle/vehicle-treated rat showing normal liver histology. (b) Vehicle/ANIT-treated rat showing a large area of parenchymal necrosis (filled arrow) with inflammatory cell infiltration (open arrow). (c) GW4064/ANIT-treated rat showing inflammatory cell infiltration (open arrow) around the bile duct, but no necrosis. (d) TUDCA/ANIT-treated rat showing parenchymal necrosis (filled arrow) with inflammatory cell infiltration (open arrow).



**Figure 3**

Liver gene expression profile in ANIT model of cholestasis. Total RNA was isolated from rat liver or primary human hepatocytes, and gene expression was measured using RTQ-PCR. (a) Gene expression profile in the liver of rats with ANIT-induced cholestasis. White bars, vehicle/vehicle; black bars, vehicle/ANIT; dark gray bars, GW4064/ANIT; light gray bars, TUDCA/ANIT. Statistically significant differences from the vehicle/vehicle group are indicated ( $^{\#}P < 0.05$ ). Statistically significant differences from the vehicle/ANIT group are also indicated ( $*P < 0.05$ ). (b) Induction of *MDR2*, *BSEP*, and *SHP* in the liver of the normal rat treated once daily for 4 days with corn oil vehicle (white bars) or GW4064, 30 mg/kg intraperitoneally (dark gray bars). Statistically significant inductions are indicated ( $*P < 0.05$ ). (c) Induction of *MDR3*, *BSEP*, and *SHP* in primary human hepatocytes treated 12 hours with 0.1% DMSO as vehicle (white bars) or 1  $\mu$ M GW4064 (dark gray bars). Statistically significant inductions are indicated ( $*P < 0.05$ ).

(data not shown) in primary human hepatocytes (Figure 3c). Pretreatment of primary human hepatocytes with the protein synthesis inhibitor cycloheximide did not prevent the induction of *MDR3* mRNA by GW4064 (data not shown), indicating this induction may be a direct effect of FXR activation, in agreement with the recent report of Huang et al. (30). Thus, GW4064 may protect against hepatotoxicity by inducing *MDR2* and *BSEP* expression and promoting transport of bile acids and phospholipid from hepatocytes. In contrast to GW4064, TUDCA did not affect *MDR2* or *BSEP* expression in the ANIT-treated rats (Figure 3a).

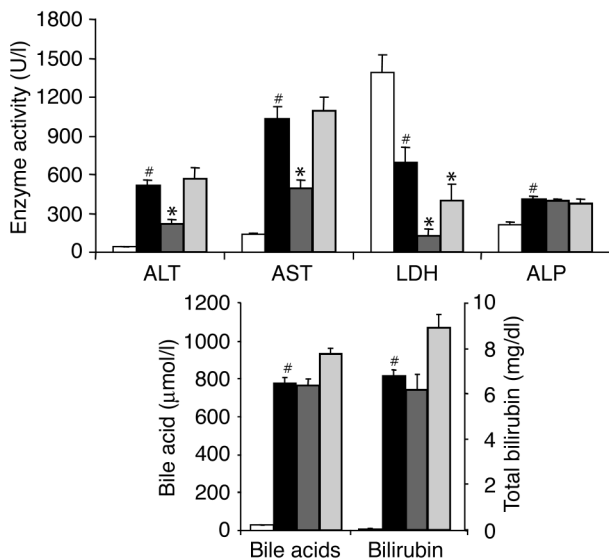
We also analyzed the expression of other transporters, including *MRP2*, *MRP3*, *NTCP*, and *OATP1*. Expression of the canalicular transporter *MRP2* was not changed after ANIT treatment or TUDCA treatment, but was increased in rats given GW4064, as expected (13) (Figure 3a). *MRP3* transports bile acids from the hepatocyte into the portal circulation. *MRP3* expression is normally low but is induced following ANIT (31, 32). Induction of *MRP3* expression during cholestasis may help reduce the concentration of potentially harmful bile acids in the hepatocytes. There was a 4.5-fold induction of *MRP3* expression by ANIT but no further increase in response to GW4064 or TUDCA (Figure 3a). Sodium taurocholate cotransporting polypeptide (*NTCP*) and organic anion transporting polypeptide-1 (*OATP1*) transport bile acids into hepatocytes from the portal circulation, thereby increasing the bile acid concentration in the hepatocyte. Under cholestatic conditions, repression of these genes may be beneficial. Indeed, ANIT treatment alone caused repression of *OATP1* and *NTCP*. Surprisingly, GW4064 treatment slightly increased *OATP1* expression and increased *NTCP* expression to normal levels (Figure 3a). TUDCA treatment had no effect on *OATP1* or *NTCP* expression in these studies (Figure 3a).

Next, we examined the effects of GW4064 and TUDCA on genes involved in bile acid production. *SHP* is a pri-

mary FXR target gene that represses bile acid biosynthesis by inhibiting the transcriptional activity of liver receptor homologue 1 on the *CYP7A1* and *CYP8B1* promoters (14–16). *SHP* mRNA levels were not altered by ANIT administration alone, but, as previously described, were markedly induced by GW4064 treatment (Figure 3a) (15). *CYP7A1* expression was decreased in animals receiving ANIT and further decreased by GW4064 treatment (Figure 3a). Interestingly, *CYP8B1* expression was reduced 81% in rats that received ANIT (Figure 3a) and 88% following GW4064 treatment. In marked contrast, TUDCA treatment did not induce *SHP* or repress *CYP7A1* or *CYP8B1* compared with vehicle. Thus, unlike GW4064, TUDCA would not be expected to protect the liver by decreasing bile acid biosynthesis.

Finally, because evidence exists for the involvement of Fas and TNF-related apoptosis-inducing ligand receptor 2/death receptor 5 (*TRAILR2/DR5*) in mediating cholestatic injury and hepatocyte apoptosis (33, 34), we investigated expression levels of these mRNAs in the ANIT model. Both *Fas* and *TRAILR2/DR5* were significantly induced by ANIT treatment. Both GW4064 and TUDCA treatment significantly reduced the expression of *Fas*. GW4064 treatment slightly reduced the expression of *TRAILR2/DR5*, whereas TUDCA had no effect. The reduction in *TRAILR2/DR5* by the specific FXR agonist, GW4064, increases the evidence that the induction of *TRAILR2/DR5* by bile acids is not FXR mediated (35, 36).

*FXR activation is hepatoprotective in extrahepatic cholestasis.* We next tested GW4064 in BDL rats, a particularly severe model of obstructive, extrahepatic cholestasis. As expected, serum activities of ALT, AST, and ALP increased as a consequence of bile duct ligation (Figure 4). Surprisingly, LDH activity decreased in response to bile duct ligation. The basis for this decrease is unclear, but was consistently seen across multiple experiments. Serum levels of bile acids and bilirubin were also strikingly increased in the ligated rats. GW4064 treatment resulted in signif-



**Figure 4** Protection against bile duct ligation-induced hepatotoxicity by GW4064. Rats ( $n = 6$ ) were subjected to bile duct ligation or laparotomy without bile duct ligation (sham-operated). Beginning 24 hours after bile duct ligation surgery, the rats were treated for 4 days with vehicle, GW4064, or TUDCA. Serum chemistries were measured 4 hours after the final dose. Values are presented as average  $\pm$  SEM. White bars, sham; black bars, vehicle; dark gray bars, GW4064; light gray bars, TUDCA. Statistically significant differences between the sham-operated and vehicle/BDL groups are indicated ( $\#P < 0.05$ ). Statistically significant differences between the vehicle/BDL group and either the GW4064-treated or the TUDCA-treated groups are also indicated ( $*P < 0.05$ ).

icant reductions in serum activities of ALT, AST, and LDH in BDL rats (Figure 4). GW4064, however, did not significantly reduce serum levels of ALP, bile acids, or total bilirubin in this severe model of cholestasis. In contrast to GW4064, TUDCA had virtually no effect in this model, decreasing only LDH levels (Figure 4).

Histological analysis of liver sections from the BDL rats revealed increased levels of bile duct proliferation, parenchymal necrosis, and inflammatory cell infiltration (compare Figure 5a to Figure 5b). In comparison, sections from the GW4064-treated rats had qualitatively fewer and smaller necrotic lesions, decreased fatty cell degeneration, reduced bile duct proliferation, and fewer mitotic nuclei (Figure 5c). The sections from the TUDCA-treated rats were not substantially different from vehicle-treated BDL rats (Figure 5d).

To quantify some of the differences among the treatment groups, further histological analysis was done. The number of mitotic nuclei was significantly increased by bile duct ligation, and this induction was significantly decreased by GW4064 treatment, but not by TUDCA treatment (Figure 5e). Similarly, bile duct proliferation was significantly increased by bile duct ligation, and this increase was significantly reduced by GW4064 treatment, but not by TUDCA treatment (Figure 5f).

Next, we profiled the expression of key genes in livers from the BDL rats. First, we examined expression of the

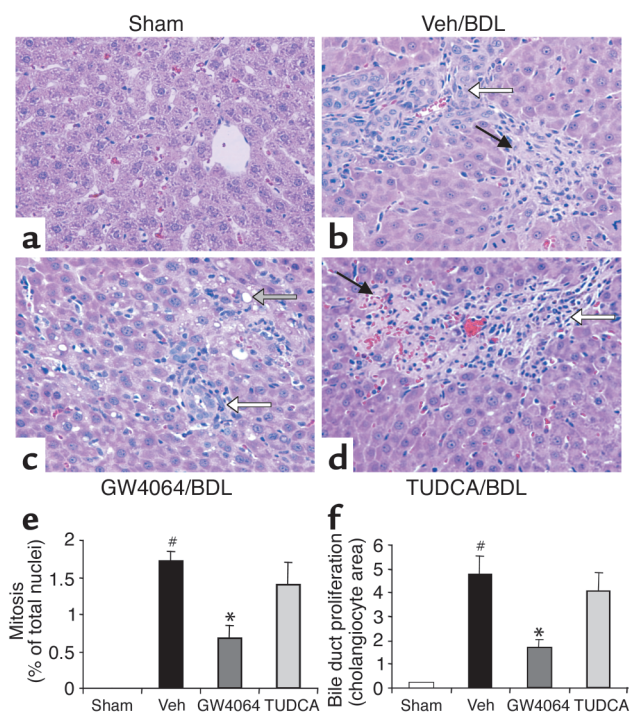
canalicular transporters *BSEP* and *MDR2*. As described previously, *BSEP* levels were unchanged by bile duct ligation alone (28) (Figure 6a). *BSEP* expression was induced by GW4064 treatment, as expected, because *BSEP* is a direct FXR target gene (11, 12) (Figure 6a). Bile duct ligation alone increased *MDR2* expression approximately fourfold, in agreement with a previous study (29). GW4064 treatment further increased the expression of *MDR2* (Figure 6a), an effect also seen in the ANIT study. Hence, in both the ANIT and BDL models, the hepatoprotection seen following GW4064 treatment may, in part, be due to further induction of *MDR2* and *BSEP*. In contrast to GW4064, TUDCA did not affect *MDR2* or *BSEP* expression (Figure 6a).

Expression profiling of the canalicular transporter *MRP2* showed induction only upon GW4064 treatment (Figure 6a). *MRP3* expression was induced sevenfold by bile duct ligation, in agreement with a previous report (35), and only TUDCA treatment resulted in a further increase (Figure 6a). Bile duct ligation alone caused repression of *NTCP* expression, as reported previously (37, 38), and *OATP1* was also repressed by bile duct ligation. There was no further repression of *NTCP* or *OATP1* by either drug treatment (Figure 6a).

Next we examined the expression of genes involved in bile acid biosynthesis. *SHP* expression was not altered by bile duct ligation but was highly induced by GW4064 treatment, as expected (Figure 6a). Interestingly, we saw an increase in *CYP7A1* expression in vehicle-treated BDL rats compared with sham-operated animals, which agrees with previous reports of increased *CYP7A1* enzymatic activity in BDL rats (39, 40). *CYP7A1* expression was significantly reduced by GW4064 treatment (Figure 6a). As in the ANIT model, *CYP8B1* expression was reduced almost 80% by bile duct ligation alone (Figure 6a), and GW4064 treatment resulted in a further significant decrease in *CYP8B1*. TUDCA had no effect on *SHP*, *CYP7A1*, or *CYP8B1* expression.

To further investigate whether the GW4064-induced changes in expression of transporters and bile acid biosynthetic genes in the BDL rat might result in changes in liver bile acid concentrations, bile acids, not including UDCA or its conjugates, were measured in liver samples using API-LCMS. As expected, the concentration of bile acids was significantly increased by bile duct ligation alone (Figure 6b). Treatment with GW4064, but not TUDCA, resulted in a statistically significant reduction in the bile acid content of the liver (Figure 6b). Thus it is possible that the hepatoprotection seen with the FXR agonist may be due, in part, to decreased liver bile acid content.

The expression of *Fas* and *TRAILR2/DR5* were also explored in the BDL livers. As in the ANIT study, and as demonstrated previously (33), *Fas* and *TRAILR2/DR5* were induced by bile duct ligation (Figure 6a). Both GW4064 and TUDCA treatment resulted in significant reductions in the expression of *Fas*, whereas only small reductions were seen in *TRAILR2/DR5*. Because the repression of *Fas* and *TRAILR2/DR5* by TUDCA does



**Figure 5** Protection against bile duct ligation–induced necrosis, mitosis, and bile duct proliferation by GW4064. Rats ( $n = 6$ ) were subjected to bile duct ligation or laparotomy without bile duct ligation (sham-operated). Beginning 24 hours after bile duct ligation surgery, the rats were treated for 4 days with vehicle, GW4064, or TUDCA. Livers were taken for histological analysis 4 hours after the final dose. The panels show representative H&E-stained liver sections from each treatment group at  $\times 400$  magnification. (a) Sham-operated rats showing normal liver histology. (b) Vehicle-treated BDL rat showing bile duct proliferation (open arrow) and parenchymal necrosis (filled arrow) with inflammatory cell infiltration. (c) GW4064-treated BDL rat showing bile duct proliferation (white arrow) and fatty cell degeneration (shaded arrow). (d) TUDCA-treated BDL rat showing parenchymal necrosis (filled arrow) with inflammatory cell infiltration. (e) Mitotic nuclei were counted in samples from all rats. Mitosis was quantified by expressing the number of hepatocytes showing mitotic nuclei as a percentage of the total number of hepatocytes. White bars, sham; black bars, vehicle (Veh); dark gray bars, GW4064; light gray bars, TUDCA. Values are presented as average  $\pm$  SEM. Statistically significant differences between the sham-operated and vehicle/BDL groups are indicated ( $\#P < 0.05$ ). Statistically significant differences between the vehicle/BDL group and either the GW4064-treated or the TUDCA-treated groups are also indicated ( $*P < 0.05$ ). (f) Bile duct proliferation was quantified by measuring the area occupied by cholangiocytes in 40–50 randomly selected fields under  $\times 400$  magnification. Groups as in e; statistics as in e.

not correlate with reduction in serum markers of damage or histological assessment of damage in these animals, TUNEL staining and caspase assays were performed. Quantitation of TUNEL staining correlated well with the serum and histological indices of hepatic damage, with increased staining in vehicle and TUDCA-treated BDL rats and decreased staining in GW4064-treated rats (data not shown). Only very small changes in caspase 3 activity were seen across the four treatment groups (data not shown). Hence, further investigation

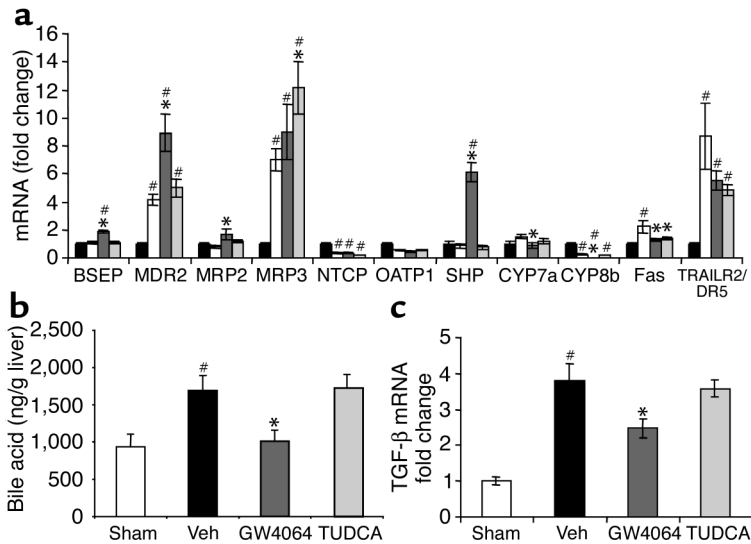
is needed to understand the specific effects of TUDCA and FXR agonist treatment in regulation of *Fas* and *TRAILR2/DR5* expression and the downstream effects on apoptotic cell death in the BDL animal.

Recently, it has been suggested that inhibition of Fas-mediated hepatocyte injury might reduce liver fibrogenesis (41). In addition, a reduction in TGF- $\beta_1$ , a key mediator of fibrosis, might be expected to reduce liver fibrogenesis (42). TGF- $\beta_1$  is produced by activated Kupffer cells secondary to parenchymal necrosis and by cholangiocytes. Since GW4064 treatment of BDL rats leads to reduced necrosis and reduced bile duct proliferation, we investigated whether the FXR agonist might affect fibrosis in the BDL rat. Indeed, bile duct ligation caused a marked increase in *TGF $\beta$ 1* expression (Figure 6c). GW4064 treatment, but not TUDCA, significantly reduced expression of this mediator of fibrosis. At this day-4 time point, increased gene expression and staining of the fibrotic markers, smooth muscle actin and collagen I, were not detected (data not shown) in the vehicle-treated BDL rats, though this might be expected at longer time points. Hence, the effect of GW4064 treatment on these fibrotic markers could not be determined in this experiment. Taken together, these data indicate that GW4064 affords substantial protection against hepatocellular damage in the BDL rat and that further investigation into the effects on hepatocyte apoptosis and fibrosis is warranted.

## Discussion

The discovery that FXR is activated by physiological concentrations of bile acids (8–10) has led to a tremendous increase in our understanding of the regulation of bile acid synthesis and transport. It has been known for many years that bile acids repress their own biosynthesis and regulate the flow of bile. Furthermore, it has been proposed that bile acids regulate these pathways at the level of gene transcription (43, 44). It is now known that the feedback repression of genes involved in bile acid biosynthesis, notably *CYP7A1*, is accomplished, in part, by activation of FXR (15–17). In addition to regulating bile acid biosynthesis, FXR has been shown to directly regulate the expression of two genes that encode canalicular bile acid transporters, namely, *BSEP* and *MRP2* (11, 13). These ATP-binding cassette (ABC) proteins transport bile acids and other organic anions, including bilirubin metabolites, across the canalicular membrane of the hepatocyte into the bile ductules. Canalicular transport of bile acids is the rate-limiting step in hepatic excretion of these potentially harmful compounds, and *BSEP* expression is critical in this process (45, 46). Several mutations in the *BSEP* gene have been identified in the human population, and inactivating mutations give rise to PFIC2 (2). Induction of *BSEP* expression following cholic acid feeding is lost in FXR-null mice. These mice have high serum bile acids and hepatocellular necrosis when fed a cholic acid-containing diet, indicative of dysfunctional hepatic bile acid excretion (17). Mutations in *MRP2* give rise to Dubin-Johnson syn-





**Figure 6**

Liver gene expression profile in BDL model of cholestasis; liver bile acid concentration. (a) Gene expression profile in liver of rats with bile duct ligation-induced cholestasis. White bars, sham; black bars, vehicle; dark gray bars, GW4064; light gray bars, TUDCA. Statistically significant differences from sham-treated mice are indicated ( $#P < 0.05$ ). Statistically significant differences from vehicle are also indicated ( $*P < 0.05$ ). (b) Liver bile acid concentration in BDL rats. Bile acids were measured using API-LSMS. Groups as in a; statistics as in a. (c) TGF- $\beta_1$  (TGF- $\beta$ ) expression in liver of rats with bile duct ligation-induced cholestasis. Groups as in a; statistics as in a.

drome, a disease characterized by high serum bilirubin due to the inability of the liver to excrete this metabolite into bile (47). Hence, these transporters are critical for bile formation and for clearing the hepatocyte of potentially toxic substances. Here we present evidence that FXR agonists induce expression of another canalicular ABC transporter, *MDR2/3*. Transport of phospholipid into bile by *MDR2/3* is required for bile formation (48). *MDR2*-null mice have inflammatory cholangitis induced by toxic injury by bile devoid of phospholipid (4, 48). Similarly, mutations in the human *MDR3* lead to PFIC3 characterized by high  $\gamma$ -glutamyl transferase (GGT) levels, indicative of the damaging effects of unbuffered bile on the cholangiocytes (3). Thus, *BSEP*, *MRP2*, and *MDR2/3* are key transporters involved in bile formation, and all are induced by GW4064.

During cholestasis, the interruption in bile flow results in liver damage, including necrosis, fibrosis, and cirrhosis. We employed two rodent models of cholestasis to determine if the potent FXR agonist GW4064 could protect against cholestatic liver damage. We compared the effects of GW4064 treatment in these models to those of TUDCA, the drug used clinically for the treatment of cholestasis. TUDCA is a polar bile acid that does not activate FXR (8–10). Although not fully understood, it is thought that UDCA treatment may decrease serum markers of liver damage in cholestatic patients by decreasing the hydrophobicity and toxicity of the bile pool (5). Regrettably, the improvement in serum chemistry in patients taking UDCA does not appear to translate to increased time until liver transplant or death (5, 6).

The ANIT rat model of cholestasis has been used extensively to study cholestatic liver disease. In this intrahepatic rodent model of cholestasis, ANIT is conjugated to glutathione in the hepatocyte and then transported across the canalicular membrane by *MRP2*, where it damages the cholangiocytes lining the bile ducts (25, 49). Cessation of bile flow is seen within 24 hours (50). The BDL rat model is a severe model of

extrahepatic obstructive cholestasis. In this model, the drainage of bile from the liver to the duodenum is blocked, resulting in the accumulation of bile in the liver. In both models we saw compensatory changes in expression of bile transporters and bile acid biosynthetic genes, including *MDR2*, *MRP3*, and *CYP8B1*, as well as *NTCP* and *CYP7A1* in the ANIT study. Yet the serum clinical chemistry parameters and histology indicate these changes are not sufficient to protect the liver from damage. Remarkably, treatment with the FXR agonist yielded large reductions in serum ALT, AST, and LDH activities in both the BDL and ANIT models. ALP activity, serum bile acid, and bilirubin levels were also decreased by GW4064 treatment in the ANIT model. These markers indicate there was a significant improvement in hepatic function in both models following treatment with the FXR agonist. In comparison, only LDH activity was decreased by TUDCA treatment. Histological examination of the livers from both studies revealed profound changes as well. BDL livers and ANIT-treated livers showed large areas of necrosis, inflammatory cell infiltration, as well as bile duct proliferation in the BDL rats. GW4064 treatment led to remarkable decreases in the extent and severity of this damage, whereas TUDCA treatment had much smaller effects.

Because FXR is a ligand-activated transcription factor, it is likely that the hepatoprotection provided by the potent selective agonist, GW4064, is due to transcriptional regulation of target genes. Indeed, GW4064 treatment induced expression of the canalicular transporters *BSEP*, *MDR2*, and *MRP2* beyond what is seen following administration of ANIT or bile duct ligation alone. This induced expression suggests that the FXR agonist is protecting the liver by providing a mechanism for clearance of the toxic bile constituents from the hepatocyte. Although these transporters are transcriptionally regulated, assessment of the functional activity of the transporter proteins will be necessary to

conclusively determine whether GW4064 treatment results in increased transport from the hepatocyte. Vesicular trafficking and cellular compartmentalization may be altered in the cholestatic liver and could affect functional expression of these gene products.

Treatment with GW4064 also gives rise to induction of *SHP* in both of these models, which leads to further repression of the bile acid biosynthetic genes *CYP7A1* and *CYP8B1*. This suggests a decrease in the synthesis of bile acids may also play a role in the protection afforded by the FXR agonist. Indeed, in the BDL rats GW4064 treatment led to decreased concentrations of bile acids in the liver. Although a reduction in *CYP8B1* alone might be expected to increase the hydrophobicity of the bile pool and increase hepatotoxicity, there is no evidence for increased toxicity of the bile pool in the GW4064-treated rats, possibly due to the coordinate downregulation of *CYP8B1* and *CYP7A1* and reduction in the total bile concentration.

Fas and TRAILR2/DR5 are receptors that mediate cholestatic injury and induce apoptosis (33, 34). ANIT treatment or bile duct ligation induced expression of both receptors. Both TUDCA and GW4064 treatment tended to reduce expression of these receptors, in some cases significantly. Quantitation of the extent of apoptosis in these livers was inconclusive. Because reduction of *Fas* and *TRAILR2/DR5* expression by TUDCA does not correlate with reduction in serum markers of hepatic damage nor with severity of histological damage, it is difficult to gauge its relative importance in these studies. Further investigation in this area will be key to understanding the mechanisms of damage in cholestatic liver disease.

Because GW4064 treatment reduced the amount of parenchymal necrosis and cholangiocyte proliferation in the BDL model, we investigated the effect of the FXR agonist on markers of liver fibrosis. Cholangiocytes and activated Kupffer cells secrete TGF- $\beta_1$ , a key regulator of the liver's fibrotic response to stress and injury. Reductions in the number of proliferating cholangiocytes and parenchymal necrosis might be expected to correlate with reductions in TGF- $\beta_1$  and subsequent reduction in the activation of hepatic stellate cells. Indeed, *TGF $\beta$ 1* expression was induced in the vehicle-treated BDL rat liver, and this induction was decreased in response to GW4064 treatment. Unfortunately, the development of fibrosis in this 4-day BDL model had not proceeded to an extent where significant changes in smooth muscle actin, collagen I expression, or staining could be detected. Reductions in *Fas* have also been suggested as antifibrogenic therapy (41); hence, further investigation into the role of FXR agonists on the development of cholestatic fibrosis is needed.

Due to their ability to repress bile acid biosynthesis and induce canalicular bile acid transporters, it has been proposed that FXR agonists might be useful in the treatment of cholestasis (17, 51). Recently, the modified bile acid, 6-ethyl-chenodeoxycholic acid (6EtCDCA) was shown to be an FXR agonist (52). This potent

FXR agonist can reverse the reduction in bile flow caused by infusion of the FXR antagonist, lithocholic acid (LCA) (8, 52, 53). 6EtCDCA also prevented LCA-induced hepatocellular necrosis in an acute setting (52). Since LCA does not accumulate to appreciable levels in the cholestatic rat (39), we believe the protective effects of GW4064 in the chronic BDL and ANIT models are not due to reversal of the effects of LCA antagonism of FXR activity. From our data it appears likely that induction of the canalicular transporters *BSEP*, *MDR2/3*, and *MRP2* and repression of bile acid biosynthesis by GW4064 in the cholestatic liver provides a mechanism to decrease the concentration of toxic bile acids in the liver. The role of FXR in other liver cell types, such as cholangiocytes, has not yet been elucidated, so it cannot be ruled out that the hepatoprotection by GW4064 may also involve additional mechanisms that are currently undefined.

In conclusion, these data provide substantial *in vivo* evidence of hepatoprotection by FXR agonists in animal models of cholestatic liver disease. The tremendous improvement in serum liver chemistries and histology supports the hypothesis that FXR agonists may have therapeutic use in cholestatic liver disease.

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